

## **Neural Therapy & Biopuncture - an Exciting Addition to Our Office**

Kayla had a long history of severe menstrual cramps. They were so bad that only codeine would give her relief. She had been treated with nutrition and chiropractic, which had helped some but the small improvements were short lasting. During a severe episode of cramping we had an opportunity to try Neural Therapy with Kayla. She was in so much pain she found it very difficult to even stand or walk. I gave Kayla a series of small injections just beneath the skin of her abdomen over the area of the uterus. Because she was also experiencing severe lower back pain, I also gave her a few injections of the same type under the skin in the low back.

Kayla felt a sensation of warmth in the low back area as well as the lower abdomen, and within 15 minutes her pain completely stopped! This was the first time in her life she ever experienced such immediate and total relief. Over two months later she is still doing well and is ready for another treatment. Neural Therapy is often most effective when given in a series of 3 to 6 treatments.

It is important to note that Kayla has had an extremely strong fear of needles since she was a child. She consented to the Neural Therapy injections out of desperation. However, since experiencing these injections, and finding that they are surprisingly comfortable, she has readily consented to undergo further treatment.

Jim had a long history of severe debilitating headaches that would last for 12 hours or more. The pain would typically begin in his neck and then radiate into his head and left eye. He had experienced some minimal relief through massage, heat, Ibuprofen, and chiropractic. Significant, debilitating pain lingered. The only thing that did stop the pain was hydrocodone, a powerful narcotic drug which he did not like to take. While suffering a recent severe headache he had taken one and one half hydrocodone tablets. The drug left him feeling "spacey" but this time did not stop the pain.

I injected Jim just under the skin in the neck muscle a little below the ear and into the upper shoulder muscles (about 4 injections total). After just five or ten minutes he suddenly began to sweat and to feel a little shaky and weak. This type of response is not unusual with Neural Therapy or Biopuncture and is considered a good sign of the body responding. After another 15 to 20 minutes, Jim's headache was completely gone!

We are happy to be able to offer Neural Therapy (and its first cousin – Biopuncture) to our patients. Neural Therapy was first discovered in Germany in 1924 by the Huneke brothers. It involves injecting procaine (a safe local anesthetic) into the skin, muscles, scars and other body areas. It is commonly used to treat both chronic and acute pain but is also very effective in the treatment of other conditions. These include depression, hormonal imbalances, dizziness, allergies, asthma, skin diseases, hemorrhoids, ulcers, bowel problems, prostate and bladder problems, headache (including migraine), kidney disease, arthritis, back pain, whiplash and other sprain or strain types of injuries. It works by normalizing the function of the cells so they can repair and heal. This effect results in a restoration of health and elimination of pain.

Today Neural Therapy is used by 50% of all West German medical doctors to treat their patients. It is also extremely popular in South America. Biopuncture was developed more recently by Dr. Jan Kersschot of Belgium. Dr. Kersschot was trained in Neural Therapy, but began injecting homeopathic medicines along with procaine, adding a new dimension to this powerful therapy.